NOTES BY THE WAY

TO THE MARITIME

• PROVINCES • •



CANADIAN GOVERNMENT RAILWAYS

ACRO

To the Reader

The following notes have been prepared with the idea of giving paragers and prospective travellers over the Can and Government Railways, Montreal and East, such information, in condensed form, as may be considered of general interest that "they who ride may read."

Only those who have gone over the ound can realize the vast latent natural wearn of this portion of the Dominion. There has been a steady industrial, commercial and agricultural growth in Eastern Quebec and the Maritime Provinces, which has not perhaps received the public attention it deserves, and while the material resources are only briefly mentioned here and there in "Notes By The Way," yet it may serve some good purpose in the direction aimed.

The summers from May to October are probably as enjoyable as those in the most favoured part of the world that may be chosen for comparison. Sea-shore, forest and stream, sunny skies, delightful temperature, invigorating air combined with an endless variety of picturesque beauty, Eastern Canada is becoming more and more what nature evidently intended it should be—a land of Re-creation.

NOTES BY THE WAY

FROM MONTREAL TO THE MARITIME PROVINCES via

CANADIAN GOVERNMENT RAILWAYS

THE PROVINCE OF QUEBEC

Mls. from Montreal

Area 706,834 square miles—Canada's largest Province, much larger than five United Kingdoms. Population 2,003,000.

0 Montreal Alt. 43.3 Population 563,000, the commercial metropolis of Canada and sixth largest city in North America. Beautifully situated at the foot of Mount Royal on an island in the St. Lawrence River, about 700 miles from the estuary of that mighty artery through which pulsates so large a portion of Canada's commercial life. The city is built on the site of the ancient Indian village of Hochelaga, first visited by Jacques Cartier in 1535. Over 250 years ago the early French navigators established a trading post for furs here, and it was the last section of French Canac to pass into the possession of Great Britain in 1760. At the hea of ocean navigation, with command of one of the three water route by which the products of the West can reach Europe, Montreal has seven miles of fine wharves of masonry, vast warehouses and grain elevators, and the largest floating dry dock in the world. Big transatlantic steamers call here regularly from ports in Europe during the season of navigation and the harbour has won its place amongst the most important of the world, both as regards the sufficiency of the equipment and the extent of the business done. Numerous railway lines make Montreal a centre for a vast and constantly growing traffic. Montreal is a city of great enterprises, where mighty results are achieved, with a record for stability equal to that of any of the great cities of America, and is advancing year by year to a still greater future. Beside its commercial greatness, the city has the additional charm of historic attractions, and there are many places of interest which link the present with an eventful past. With imposing public buildings, universities, educational institutions, magnificent churches, fine business blocks, substantial manufacturing establishments, splendid hotels and handsome residences, the city possesses all that is calculated to make a city attractive. Evidences of prosperity and

wealth are everywhere.

All Montreal Canadian Government Railways' trains use the Bonaventure Union Depot. The "Maritime Express" takes care of passengers arriving Montreal in the morning and desiring a through connection to the Maritime Provinces, and the "Ocean Limited" departs in the evening after arrival of day expresses from the West.

- 1.5 St. Henri Alt. 61 Montreal is not left behind 1.6 Point St. Charles 52.5 until after St. Henri and Point 1.73.9 St. Charles are passed and the
- 6.3 St. Lambert "73.9 St. Charles are passed, and the Victoria Jubilee Bridge over the

St. Lawrence River to St. Lambert crossed. This magnificent bridge was opened in 1898, replacing the old Victoria Tubular Bridge, around which it was constructed with little interference of traffic. It is one of the largest in the world, being a mile and a quarter in length, with 25 spans, 242 feet in length (centre span 330 feet), resting on 24 piers. The bridge is 65 feet wide with double railway tracks, electric trolley tracks and a broad driveway. The cost was two million dollars.

10.1	St. Hubert	Alt.	90.0	At Belœil one of Canada's
14.9	St. Brune	**	80.9	historic rivers is crossed, the
17.2	St. Bazile	**	62.0	Richelieu. It was Champlain,
21.1	Beloeil	**	63.0	the first of white men who came
22.2	St. Hilaire	6.6	83.3	south by this route from the St.
23.0	St. Hilaire East	**	99.5	Lawrence in 1609, with his ready
28.2	Ste. Madeleine	**	117.0	diary, to see the "great lake, its fair islands and fine coun-

tries," to fight the Iroquois, and to leave an imperishable monument to his adventurous career-Lake Champlain. The Richelieu has figured in most of the important North American wars since that date. Explosives are extensively manufactured at Belœil.

Of the various lines of railway between Montreal and Quebec

the route of the Government Railways has the shortest mileage.

35.7 St. Hyacinthe Alt. 109.0 Population 11,000, a very desirable place of sojourn and residence. Several large and important industries. St. Hyacinthe-built organs are known throughout Canada. Educational and religious institutions are particularly noticeable for their beautiful buildings. St. Hyacinthe is an important railway centre, the Grand Trunk Railway running from here to Portland, etc., the Quebec, Montreal & Southern to New England points and New York.

37.6	Ste. Rosalie Jct.	Alt	111.0	Until Ste. Rosalie is reached the
42.5	St. George	**	203.0	route of the Government Rail-
44.0	St. Edward	4.4	234.0	ways is over tracks jointly owned
48.4	Bagot	44	239.0	and used with the Grand Trunk
53.6	St. Eugene	**	274.0	Railway. From here the Can-
55.1	Duncan	**	299.0	adian Pacific Railway runs to
59.9	St. Germain	4.4	262.0	St. Guillaume and Farnham. Ste.
				Rosalie is the junction point for

interchange of freight traffic between the Covernment Railways lines and its western connections. Topographically the Government Railway from Ste. Rosalie to Levis is as near an air line as the physical conditions of the country will permit, as may be judged from the fact that in the 115 miles there are 106 miles of tangents.

64.4 Drummondville Alt. 288.0 Population over 2,000. On the St. Francis River, named in honour of Sir George Drummond, the hero of the battle of Lundy's Lane in the war of 1812. Electric power, generated from Lord's Falls of the St. Francis, is used by the various manufacturers. This power, which has only been partially developed, can be increased as requirements demand. Drummondville lies between two rich

Montreal				farming districts, St. Germain
69.0	St. Cyrille	Alt.	284.0	on the west and St. Cyrille
71.7	Carmel	**	304.0	on the east, but they are only
76.3	Mitchell	• •	236.0	part of what has long been
77.7	St. Perpetue	4.5	234.0	recognized as a rich agricultural
82.6	St. Leonard Jct.	**	243.0	region. Dan / farming in parti- cular is carried on with great

success, and a partial evidence of this is found in the fact that boxes of cheese by the thousands are handled by the railway in the course of a year. Active lumber operations are carried on in this vicinity, and large shipments of pulp wood are made from these stations. At Drummondville the Government Railways crosses a branch of the Canadian Pacific Railway.

97.3 Nicolet Alt. 74.0 Population 2,600, the terminus of a branch line fourteen miles from St. Leonard Jct., is a typical French-Canadian town with a history dating back to 1660. It is the titular see of a bishop, with a beautiful cathedral containing a number of noteworthy paintings. Some of these pictures have a history.

A century ago, in the fierce days of the French Revolution, when a vandal mob trampled under foot all that savoured of culture and refinement, great havoc was wrought in the world of art. They sacked the palaces and destroyed works which centuries of labour would not suffice to replace. Paintings which had been the triumphs of world-famous artists were thrown into the streets to be trodden under foot. Others were torn from the walls and rolled up in bundles to be sold for enough money to buy drink.



On the Nicolet River

A drunken sans culotte would stand at a street corner and auction a roll of paintings as if it were so much old carpeting. Some of the clergy, not without difficulty and danger to themselves, managed to secure a number of these rare works and had them sent to Quebec, where most of them remain to this day. Nicolet, through some favour, was able to secure a few of them for its own parish church, and thus it is that in this town are paintings which were once among the glories of the most cultured city in the world.

86.8	St. Wenceslas	Alt. 292.0	For miles the railway runs
90.6	Aston Jct.	" 288.3	through a forest, a good hunt-
95.7	Daveluyville	" 289.2	
			ing territory. At Aston Junc-
98.6	Lavergne	298.0	tion the Government Railway
102.0	Lemieux	" 299.4	crosses the line of the Grand
110.0	Manseau	" 310.0	Trunk Railway to Arthabaska.
116.2	Villeroy	" 394.1	At Villeroy the Lotbiniere &
122.5	De Lotbiniere	" 391.3	Megantic Railway runs to St.
133.1	Laurier	" 369.5	Jean des Chaillons and to Lyster.
141.0	St. Apollinaire	" 323.1	Evidences of the importance of
149.8	St. Nicholas	" 265.0	the lumber industry are to be
153.2	Chaudiere	" 236.1	seen everywhere, and there is
153.7	Chaudiere Jct.	" 235.1	much exportation of pulpwood.
154.3	Chaudiere Curve	" 232.5	Further along at De Lotbiniere
158.1	St. Romuald	" 70.9	and Laurier excellent farms
160.0	Hadlow	" 18.9	are seen, this being a good
161.5	Point Levis	" 16.8	dairy district. At St. Apol-
		10.0	linaire there is also good farm-



The Falls of the Chaudiere River

ing, and this part of the country has a fame for the quality of its

cheese and potatoes.

At Chaudiere Jct., where there is a connection of the Canadian Government Railways with the Grand Trunk for Sherbrooke, Lennoxville and Portland, Me., a glimpse of the beautiful Chaudiere Falls is obtained, but these require a special visit before their full charm may be seen and understood. The Chaudiere River is less than 400 feet wide at the falls, and as the water is forced over the rocky precipice three divisions are made in the face of the cataract, which unite as they near the bottom of the descent, 130 feet below.

At Chaudiere Curve is the branch connecting with the new St. Lawrence Bridge, now nearing completion, and when built will form the connecting link between the Government Railway lines on the north side of the river with those was a south.

Chaudiere Curve is the junction point of the south... route, formerly known as the Transcontinental, with the main line of the Government Railways, the Intercolonial. The southern route runs by way of Monk, Q., Edmundston, N.B., St. Leonard, N.B., Grand Falls, N.B., Chipman, N.B., to Moncton, N.B., and has opened up a country rich in agricultural, lumbering and sporting possibilities.

Levis Alt. 16.0 Population 8,000, a busy place, with many fine educational and religious institutions. The work upon the graving dock is making rapid progress. When completed this dock, 1150 feet in length, will be the largest in the world, capable of docking any ship in the British navy or the largest steamer now afloat. Millions of dollars have been spent by the Imperial Government in fortifications that crown the heights. Levis is the Government Railways' station for Quebec. The Grand Trunk Railway and the Quebec Central Railway also use this station. A regular terry service across the St. Lawrence is maintained. Pending the completion of the Quebec Central Railway also use this station. A regular terry service across the St. Lawrence is maintained. Pending the completion of the Quebec Central Railway and designed for transporting standard passenger and freight trains between Levis and Quebec at all seasons of the year, is performing the service.

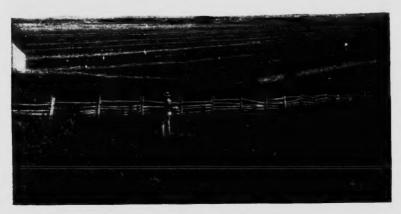
Population 80,000, is unique among the Quebec Alt 19.0 cities of the continent of North America from its age and interesting historic associations. Everywhere are monuments of eventful history, places about which volumes have been written to tell only a small part of their romance. There is place after place in Quebec where one may step out of the bustle of to-day back into the seventeenth century. It is the old and the new to-day being always side by side with the past. Ouebec is most picturesquely situated on the base and summit of a lofty crag projecting into the St. Lawrence. It was discovered by Cartier, who spent the winter of 1535 at the base of the cliffs, and was soon afterwards made a trading centre for furs by his compatriots. As the settlement grew, fortifications were constructed. and the town became the stronghold of French Canada, and so remained until captured by Wolfe's forces in 1759. The magnificent Chateau Frontenac is every summer filled with guests from all over the world, as also are the other hostelries. From the Cita-

del, which crowns the summit of the cliff, and from Dufferin Terrace, the esplanade at the base of the Citadel, a view of indescribable beauty is obtained. Trolley cars carry passengers to the various places of interest, such as Montmorency Falls, and to Ste. Anne de Beaupre. Canada's most famous Shrine, where thousands of afflicted persons journey every year. The large and handsome Redemptorist Church, with its costly furnishings and beautiful paintings, contains pyramids of crutches near the entrance doors as evidences of the miraculous cures that have been made at the Shrine.

Quebec is also a city of very great business importance, being the terminal point for the Transatlantic Mail steamers during the summer season of navigation, a large portion of the exports and imports of the Dominion pass through the port, while as a wholesale distributing centre the city is advantageously situated and well established. There are many important and varied industries.

The line of the Transcontinental Railway, now part of the Government Railways, runs from Quebec to Winnipeg, a distance of 1,350 miles, the shortest rail route between those cities. For information regarding this territory, see "Notes by the Way," lines Quebec and West.

164.5	St. Joseph	Alt. 87.8	For the next two hundred miles
167.0	Harlaka Jct.	" 240.0	or so after the departure from
175.9	St. Charles Jct.	" 296.2	Levis, the traveller passes through
182.4	La Durantaye	" 170.8	a purely French-Canadian country.
185.7	St. Valler	" 155.5	One after another the typical
190.8	St. Francois	" 133.6	villages come into view, with
194.1	St. Plerre	" 130.9	their long, narrow farms, their low-lying buildings and quaint



Long Narrow Farms

cottages, built to be delightfully airy in the summer and yet to withstand the keen cold of winter. In every village is seen the parish church, usually a substantial edifice of stone, while here and there a large cross on some distant hill stands out in bold relief against the sky.

199.0 Montmagny Alt. 53.8 Population 3,000, the centre of extensive lumbering operations. There are several well-equipped saw mills and agricultural implements are manufactured here. The village, extending to the St. Lawrence, is quite picturesque, and there are fine drives, especially along the shore road to other villages pleasantly situated by the river.

205.9	Cap St. Ignace Alt. 129	.I The real attraction of the sev-
209.1	L'Anse a Giles " 117.	
212.4	L'Islet " 103	
216.6	Trois Saumons " 99	
220.8	St. Jean Port Joli " 176	.0 of the St. Lawrence, some five to
224.7	Elgin Road " 162	.8 six miles distant, there are places
228.6	Ste. Louise " 119	diljejem latetal let
236.0	Ste. Anne " 100	
240.2	St. Pacome " 53	
242.1	Riviere Ouelle Jct. Alt. 46	
		e Government Railways issue a special
		rsion Fares," containing summer pas-
		summer resorts reached by their lines.
	It also includes a list of hot accommodation and charges.	els and boarding houses, with their

At Ste. Anne will be seen abundant evidence of the careful tilling of the soil, the village being the centre of a very good farming district, and containing one of the largest Agricultural Colleges in Canada. A large quantity of farm produce is shipped from this station to Quebec and Montreal. There are some saw mills, a grist mill, and a cheese factory.

From Riviere Ouelle Junction a branch line of the Government Railways runs to Riviere Ouelle Wharf, where steamer connection is made for Murray Bay, Cap a l'Aigle, Ste. Irenee, the objective points for many summer tourists. Murray Bay is one of the most delightful of the many beautiful summer resorts on the River St. Lawrence, but the interest which centres there is not that of beautiful scenery alone. History, tradition, legend and folklore all contribute their full share. Long before Cartier sailed up the St. Lawrence, Indian warfare had left its mark of centuries of strife and bloodshed upon the shores. The golf course at Murray Bay has an international reputation.

The summer resorts of the Lower St. Lawrence have so increased in favour as to demand special train arrangements. During the season, the "St. Lawrence Special," a solid train of vestibule sleeping cars, is run from Montreal to Metis Beach, special sleepers being assigned to passengers for Murray Bay, Cacouna and Metis Beach.

Mis. from Montreal			
245.8	St. Philippe de Meri	Alt. 143.2	From the car windows, long
251.7	St. Pascal	" 192.1	narrow farms, with their
254.9	Dessaint	" 300.9	quaint cottages and low-
257.2	Ste. Helene	" 318.4	lying out-buildings, will have
260.9	St. Andre	" 345.2	been noticed. The explana-
265.3	St. Alexandre	" 369.0	tion of their peculiar form is
271.0	Old Lake Road	" 349.4	simple enough when it is understood that these farms.

originally of fair width, have, from time to time, been divided among heirs by the simple process of running the lines from front to rear, so as to give each a share of frontage on the highway. In some instances this has made the strips very narrow. The people of this part of Canada are industrious, peaceful and plain in their tastes. All speak their mother tongue, and are fervent adherents to their mother church. In these particulars they are very much as were their forefathers of early Canada, but evidences are plentiful that they have kept pace with modern methods of farming and conducting business.

277.0 Riviere du Loup Alt. 314.5 Population 7,000. Riviere du Loup is an important railway centre, being a divisional point on the line of the Canadian Government Railways. The Temiscouata Railway runs from here to Edmundston and Connor's, N.B. Riviere du Loup, which is incorporated as the town of Fraserville, extends to the mighty St. Lawrence, here like a broad sea with all its possibilities—bathing, boating and fishing, with shooting in the proper season. There is good summer hotel accommodation. Apart from its own at-



The Falls of Riviere du Loup

tractions it is a convenient centre from which one may go to various points, either on the river or in the forest, where fish and game abound. Near the railway the waters of Riviere du Loup have a descent of over 200 feet by a succession of falls making their way over a rocky gorge. The town has several large and important industrial establishments and is a centre where a great deal of business is transacted.

On the opposite side of the St. Lawrence is Tadousac, at the mouth of the wondrous Saguenay River, which has been described as one of Nature's most remarkable works in a continent where Nature's wonders abound. A regular steamship service is maintained between Fraserville Wharf and Tadousac and other points

on the north shore of the St. Lawrence.

282.6 Cacouna Alt. 245.7 From Cacouna Station it is an easy drive to the famous Cacouna Beach, one of the most charming of all the beautiful resorts along the St. Lawrence shore. Good hotels provide ample accommodation for summer visitors, and Cacouna annually enjoys the patronage of the best class of tourists. It is close to the shore, overlooking a stretch of sand beach a mile long. The sea bathing is splendid, the water being of an agreeable temperature. The golf enthusiast may here enjoy the game. There are many private cottages owned by wealthy residents of Montreal and Quebec. The advantages of Cacouna as a health resort are beyond dispute.

284.7	St. Arsene	Alt. 275.0	At Isle Verte and Trois Pistoles the
293.2	Isie Verte	" 109.0	surroundings will be found very at-
297.7	St. Eloi	" 139.2	tractive, the villages extending back
300.9	Tobin	" 70.1	to the river and containing many of
304.1	Trois Pistoles	" 114 6	the charms such as summer pleasure
312.6	St. Simon	" 300.6	seekers wish for. Some excellent
322.5	St. Fabien	446.1	farms may be seen in this vicinity.
			The drives are very fine.

Bic Alt. 81.7 A beauty spot of the St. Lawrence is reached in Bic. "Bic the Beautiful" it has been termed, a most appropriate title. It is a village by the shore, with mountains separating it from the country beyond. The railway winds through the mountains, passing through cuttings blasted in the rock. On one side the cliffs tower 250 feet above the passing train. On the other side is a magnificent panorama of bay, river and islets. The St. Lawrence is here 25 miles from shore to shore, rapidly widening in its journey towards the sea. Eic is one of the finest natural watering places on the St. Lawrence. Pleasant beaches and clear, salt water tempt the bather, the placid surface of the mighty river invites the boatman, and beauty everywhere calls the idler forth from his resting place to drive or ramble in its midst. Hattee Bay is a delightful spot not far from Bic.

338.1	Sacre Coeur	Alt.	22 0	Rimouski, population 3,100, is quite
342.3	Rimouski	* *	77.8	a live town and the country back of
347.0	St. Anaclet	**	96 3	it well adapted for agriculture. The
352.2	Luceviile	**	175.8	lumber business is also brisk. There
				are several summer places at the

shore of the broad St. Lawrence, and there is ample opportunity for boating and bathing. Mails from inward bound ocean liners are landed here. A long pier extending from the shore out to deep water affords an excellent promenade on a fine summer day. At Father Point there is a telegraph and signal station in connection with ocean steamers.

360 3 Mont Joll Alt. 262.6 Population 2,200. Mont Joli is a railway divisional point of the Government Railways, and also the junction for the line of the Canada & Gulf Terminal Railway going to Metis Beach and Matane. Several wealthy Canadians have summer homes here, and there are good hotels to accommodate summer visitors. The river St. Lawrence here is magnificent in its grandeur, the outlines of the opposite shore being only as a faint line upon the horizon. The salt waves roll in on a beach four miles long, hard and smooth, and safe for bathers. In recent years Matane has been much in evidence as a popular seaside resort, and its outlook for future development in this respect is most promising. The natural advantages of this part of the coast are meeting with more and more appreciation. Grand Metis Falls are reached by driving from St. Octave, about three miles. The height of the falls is about 100 feet and the sight is a most imposing one. The golf course at Metis Beach

is considered one of the best in the Province.

At Matane, lumbering is the principal industry, and there are several finely equipped mills that have a large annual output of saw lumber.



Bic the Beautiful

		_		
Mls. from				
Montreal				
365.6	St. Octave	A1.	. 387.1	Enter Land A. M. A. L. P. A. B.
				From Levis to Mont Joli the railway
369.4	Petit Metis	4.4	566.6	follows the course of the St. Law-
374.2	Padoue	4.6	713.0	
				rence. It then turns south to the
382.2	St. Moise	4.4	644.5	Valley of the Matapedia and has
389.7	Sayabec	6.6	ا . 81	1' 1 d 1'11 D
				to climb the hills. Between St.
396.3	Val Brillant	6.6	536.7	Moise and Val Brillant it reaches a
494.6	Amqui	4.6	532.0	height of 751 feet above sea level-
410.2		6.0		height of the leet above sea level-
	Lac au Saumon		503.0	the highest point on Government
418.0	Causapscal	**	454 0	Railways east of Montreal. At the
424.5	Ste. Florence		353.7	
				stations here named are evidences
431.5	Routhierville	**	280.1	of the lumbering industry.
435.0	Milnikek	**	232.0	Beyond the vige of Sayabec is
442.8		4.6		Deyond the ville of Dayabec is
	Millstream		140.8	Lake Matapedia, a beautiful sheet
447.3	St. Alexis	**	98.1	of water which gives birth to the
	Ott Michig		70.1	or water writer gives birth to the

famous salmor stream that flows from here to its junction with the Restigour .e

Amqui, in the midst of a good agricultural district, is growing in importance. It is a favourite centre for sportsmen, there being excellent fishing in any of the several lakes in the vicinity, and the best of big game hunting in the fall. There is good hunting and fishing at Causapscal also.

452.6 Matapedia Alt. 54.0 Shortly after leaving Causapscal, the route is through the Mataredia Valley following the course of the river for over twenty-two miles. Through a beautiful valley the Matapedia winds in graceful curves, singing the music of the waters as it goes. In the miles



The Matapedia Valley

of its course followed by the Government Railways, it has hundreds of rapids, great and small, now swift and deep, now gently rippling over beds of shining gravel and golden sand. Here and there are the deeper pools in which lurk salmon of astounding size, for this is one of the salmon streams of which every fisherman has heard. For mile after mile the traveller watches the course of the river, so strangely pent in by the mountains on either hand, rising in every shape which mountains can assume. In some places in the Matapedia the river, the highway, and the railway crowd each other for a passage, so narrow is the valley. All kinds of foliage and all shades of Nature's colours are upon the hillsides, and in the effect is magnificent beyond description. Switzerland lives in miniature amid the mountains, while England and Scotland are around the lakes, streams and springy heather.

The Matapedia Valley is now attracting settlers. New villages may be noted here and there—the French-Canadian being recognized as a pioneer without an equal in a land requiring clearing

and developing.

At the junction of the Matapedia River with the Restigouche is Matapedia station and village. Close at hand is the house of the Restigouche Salmon Club, the members of which are men to whom money is no object in the carrying out of their ideas. The club is composed to a large extent of wealthy residents of New York and other cities of the United States, who are willing to pay well for what has been termed the "Sport of Kings." This part of the Matapedia is a place of singular beauty, and the charm of



The Restigouche above Campbellton

the scenery of mountain, valley and winding river never fails to awaken a responsive chord in those who love the artistic.

From Matapedia the line of the Quebec Oriental Railway runs to Gaspe Peninsula.

THE GASPE PENINSULA

Gaspe Peninsula has been described as a huge finger reaching out from the continent into the Gulf of St. Lawrence. In straightaway measurement, it has a length of about 120 miles and a breadth of some 90 miles in the widest part, with a total area of over 10,000 square miles. The Gaspe fisheries are regarded as the richest in the world. For centuries hardy fishermen have taken their annual toll in vast catches of codfish, and still there is no sign of depletion. Fishing and farming are frequently said to be industries which do not flourish side by side. However true this may have been in the past, it is only now partly true as regards Gaspe, for the fisher folk have discovered that those who so w may also reap, and while still following their chosen vocation they find time to raise good crops of potatoes and vegetables for their own use, and the finest of fodder for their cattle and horses. Practically the whole of the Peninsula is a fish and game preserve. The connection of the Quebec Oriental Railway at New Carlisle with the Atlantic, Quebec & Western Railway, making a through line from Matapedia to Caspe, has led to some very encouraging agricultural and industrial development, and at many places the land is being cleared and tilled, while .umbering is being carried on with increased



Perce and the Rock

vigour. The railway offers convenient access to the settled portions of Gaspe, although some of the villages by the shore are a few miles distant from the nearest station.

Connections can be made from Campbellton by stage to Cross Point. Not far from this point in the estuary of the Restigouche was fought the last of the naval engagements, which were the prelude to the final fall of Quebec. Nouvelle, Carleton, New Richmond and New Carlisle are well-known summer resorts. Paspebiac is the headquarters for the great fishing house of Robin Jones & Whitman, and Le Boutillier Bros., who export immense quantities of dried and cured fish. Port Daniel has a fine harbour which is a haven for a large fleet of fishing boats. Newport is also a centre for the fishing industry.

Chandler, a town which has sprung into being within the past few years, owes its existence to the St. Lawrence Pulp & Lumber Corporation. Their timber areas extend over 640 square miles, and upwards of 1,000 employees are on the pay rolls of the company.

Perce and the Rock.—Perce has been described as the "most dramatic spot in the Gaspe Peninsula where the powers of description fail." The land pushes out into the bay in lines of lofty red sandstone cliffs, with the restless sea eternally gnawing at their base. The village, which has excellent hotel accommodation, is in an undulating valley between the mountains and the shore cliffs, and in every direction there is a glorious panorama of verdant slopes, contrasting harmoniously with the soft red of the cliffs and their varying shades of yellow and green.

The great diversity of the scenery and the peculiarity of its geological formation make Perce a place of great interest to many summer visitors, and for years it has been the objective point of scientists, literary men and artists. In the wonderful atmosphere of this part of the Gulf, the distinctness with which objects are presented to the view is surprising. The rock is an island block of reddish conglomerate and sandstone, 1,500 feet long and 300 eet in width, and rising out of the sea with perpendicular cliffs 286 feet high. Near the outer end is another smaller rock rising just as abruptly and to almost as great a height, with a clear channel separating the two. This is merely the outer pillar of what we once a natural arch, mentioned in the narratives of the early explorers, who described the rock as having three arches. Only one remains, and at high water it is possible to pass through it in a good sized boat with full sail set. Thousands of gulls and cormorants nest on the rocks and make a lively commotion during the day, with only a slight diminuendo during the night. This noise, however, serves a good purpose, for no friendly beacon could be more welcome to the mariner than the warning cries of the birds that out of the darkness, fog and mist proclaim the whereabouts of the rock and dangerous reefs that encircle it.

Gaspe Bay and Basin.—Gaspe Bay is sixteen miles in length, and is six miles in width for about twelve miles from its mouth. Then it narrows into the beautiful Gaspe Basin, forming one of the finest harbours in America.

Gaspe Village is gloriously situated on the lofty hills overlooking the Basin, and is a place of manifold attractions for the

summer visitor who loves recreation and quiet where there is plenty of boating, deep sea fishing and bathing, with pure and tonic air Some excellent salmon and trout fishing on the St. John River is controlled by the proprietor of Baker's Hotel, who can thus provide guests with some good sport, and furnish them with guides and canoes. The hunting season in this part of Quebec is from September 1st to January 1st. Moose, caribou, deer and bear are plentiful, and the country back of the Gaspe Hills is their natural abode.

Here, too, is historic ground with which the names Jacques Cartier and Wolfe are associated.

Gaspe will also have a place in the greatest war of history, for it was within the security and vastness of its marvellous basin, in October, 1914, there rode that magnificent fleet of many transports and war vessels, which carried the first Canadian Contingent, thirty and odd thousands of soldiers, with their horses, guns and equipment to Europe, where they were destined upon many battle-fields to bring undying lustre and fame to the Dominion of Canada.

THE PROVINCE OF NEW BRUNSWICK

Area 27,177 square miles. Population 352,000. The largest of the three Maritime Provinces.

New Brunswick is essentially a lumber province. The Provincial Government own over 10,000 square miles of timber lands, which are leased under certain conditions to lumber operators. On crown lands alone, during the year 1915, over



Gaspe Basin

290,000,000 superficial feet were cut for the manufacture of deals, boards, laths, shingles, besides a large quantity for sleepers, posts, telegraph poles, and pulp and firewood, resulting in a revenue to the Province of \$423,000.00 from stumpage dues. The principal wood is spruce. Other trees are fir, tamarack, cedar, maple, elm, birch, ash, butternut, poplar, hemlock, and the products of the forests are shipped to the home, American, European and other foreign markets.

The total revenue from crown lands in the year 1915 was nearly

\$600,000.

The North Shore

From Campbellton to the Miramichi is colloquially known as the "North Shore." It is here that the large and finely equipped mills are situated. The estimated manufactured output for the year is approximatively:-

Campbellton	feet.
Bathurst. 55,000,000	0.0
Newcastle	**
Chatham	44

Fisheries.— The fisheries of the North Shore are of immense value, for the fiscal year 1914-15 being estimated as reaching nearly \$5,000,000. Salmon, cod, lobsters, haddock, hake, pollock, mackerel,



Campbellton, N.B.

TO THE MARITIME PROVINCES

Mis. from Montreal

shad, smelt, halibut, oysters, clams, are the principal catch. Chatham, Loggieville and Dalhousie are the chief centres for packing and storing.

Waterways.—New Brunswick is a country of great rivers. The Restigouche and Miramichi are the largest in this portion of the Province. These two rivers are intimately related to each other and also to the St. John, because in many cases the head waters of their tributaries are almost in contact. The Indians by means of these rivers were able to reach any part of the Province with their canoes, and the same possibilities exist to-day for those whose tastes lie in that direction for an enjoyable summer outing.

Spert.—After mentioning the immense forests it will be readily understood New Brunswick is the home of big game. moose, caribou, deer, bear, and that the rivers and streams afford the best of salmon and trout fishing. The principal towns mentioned in connection with the lumber industry are good outfitting centres from which to enter the woods. New Brunswick guides have a well-earned reputation for efficiency and knowledge of the territory. The Government Railways issue a special publication giving the latest and fullest information about the sporting posibilities in the territory served by their lines.

- 455.8 Flat Land Alt. 62.4 Again on the main line of the Government Railways, the railway crosses the Restigouche into New Brunswick and follows the course of the Restigouche River, one of the northern boundaries of the Province. A few miles before Campbellton is reached, Morrisey Rock, an immense hill of granite, has had to be pierced.
- 465.3 Campbellton Alt. 42.0 Atlantic Standard, the time in vogue through the Maritime Provinces, here takes the place of Eastern Standard, and is one hour earlier, that is, 12 o'clock Eastern Standard is 1 o'clock Atlantic Standard. Population 4,000, a thriving town beautifully situated at the head of the broad estuary of the Restigouche, which discharges its flood into La Baie de Chaleur. The scenery here is entrancing.

In the background is the Sugar Loaf, a mountain 2,000 feet in height. From Campbellton a branch of the Government Railways runs to St. Lonard, connecting with the Government Railways' more southerly route (the Transcontinental for Moncton and Levis), and also the railway systems of the New England States. There is daily connection by stage with trains for Gaspe at Cross Point, three miles distant.

La Baie de Chaleur.—Jacques Cartier, nearly five hundred years ago, or to be exact, July 10, 1534, sailed into this magnificent haven. An exceptionally hot day inspired the name, and it has borne that name ever since, La Baie de Chaleur—the bay of heat. Ninety miles long and from fifteen to twenty-five miles wide, this arm of the Gulf of St. Lawrence divides

the Gaspe Peninsula from the Province of New Brunswick, and the depth is sufficient to ensure a safe passage for the largest ships affoat. As the bay narrows into the estuary of the Restigouche, the scenery becomes bolder and more majestic, presenting one of the most superb and fascinating panoramic views in America. The whole region is mountainous, and almost precipitous enough to be Alpine: but its grandeur is derived less from cliffs, chasms and peaks than from far-reaching sweeps of outline and continually rising domes that mingle with the clouds. On the Gaspe side. precipitous cliffs of brick-red sandstone flank the shore, so lofty that they seem to cast their gloomy shadows half-way across the bay, and yawn with rifts and gullies, through which fretful torrents tumble into the sea. Behind them the mountains and fall in long undulations of ultramarine, and towering above them all is the famous peak of Tracadigache, flashing in the sunlight like a pale blue amethyst.

Around the shores of La Baie de Chaleur the land is settled for many miles, and the picturesque hamlets and green pastures add to the beauty of the scene. The swell from the ocean breaks rhythmically upon smooth, sandy beaches that tempt the bather. There are many coves and harbours where the boating is alluring and shorn of its risks. Sheltered at its mouth by the islands of Miscou and Shippegan, and restless as may be the sea beyond, the yachtsman may guide his craft over the whitecaps when a stiff breeze is blowing, while there are often summer days when the bay is so placid that the small motor boat may safely venture into the open. The New Brunswick shore is followed by the line of the Government Railways from Campbellton to Bathurst, and



A New Brunswick Lumber Mill

for a number of miles is in full view of the broad and beautiful expanse of water, with the lofty and imposing mountains of Gasne beyond.

474.2	Dalhousie Jct.	Alt.	81	7	From this Junction is a branch line
478.5	Eet River	• •	29	.8	of six miles to Dalhousie, a lown of
484.1	Charle	**	54	6	2,000 population. It is one of the
489.9	New Mills	**	41	. 2	loveliest spots on the line of the
496.2	Nash Creek	**	22	5	Canadian Government Railways,
499.7	Jacquet River	0.0	49	8	and for many years has enjoyed
508.7	Belledune	4.0	93	1	favour as a summer resort. The
516.7	Pesit Rocher		82	7	bathing is ideal, and there is ample
521.8	Berestord	**	32	. 1	opportunity for angling and deep sea fishing, as well as numerous op-

portunities for wate, trips along the coast of La Baie de Chaleur. There is good hotel accommodation, the large summer hotel near the town being well patronized.

Charlo is finely situated overlooking the Bay. At the foot of the shore cliffs there are smooth sand beaches where the bathing is enjoyable.

528.2 Bathurst Alt. 47.9 Population 3,000. Beautifully situated on the mouth of the Nepisiquit River. Hitherto known principally as a summer resort, Bathurst has within the past two years taken a big stride in the industrial world. There is a large pulp and paper mill giving employment to many operatives. It is estimated Bathurst mines are capable of producing 600,000 tons of iron ore annually. The mine is furnished



The Monarch of the Forest

Mls. from Montreal

with excellent railway facilities for transporting the ore from the mine to the docks at Newcastle, N.B., which have a storage capacity of 13,000 tons of ore and a loading capacity of 3,000 tons per hour.

At Bathurst Beach is cottage accommodation for summer visitors. The situation is ideal, and there is every opportunity for enjoyment.

From Bathurst the line of the Caraquet & Gulf Shore Railway goes to Caraquet, Shippegan and Tracadie. Along the line are many noted trout rivers. Here

531 6 533.3 541 5 551 4 562.9	Red Pine Bartibog	Alt. 90.6 " 102.7 " 338.1 " 520.2 " 332.1	also in the proper season the best of wild fowl shooting can be obtained. Geese, brant and duck of all descriptions that frequent the Atlantic coast abound, and the sportsman can be sure of comfort-
			able lodgings.

The Miramichi

Miramichi means more than river, for it comprehends a district where the land and the water have alike been a source of wealth for generations past and will be so in generations to come.

- Population 3,000 and rapidly increasing. Newcastle Alt. 138.0 572.2 On the north shore of the river, which is here practically an arm of the sea. Near the depot are the huge towers of the wireless station of the Radio Universal Company, now under control of the Government and guarded by troops. When in operation it can transmit and receive messages to and from Europe and to and from British Columbia. There are beautiful drives in the vicinity of the town. The Miramichi Navigation Co's steamers offer a delightful summer sail from Newcastle to Bay du Vin at the mouth of the great river, calling on the way at Chatham, Loggieville, Escuminac, Burnt Church, etc. A branch of the Government Railways runs to Chatham and Loggieville. Since the inauguration of the new service between Newcastle and Boiestown Newcastle is receiving the benefit of increased trade from that district.
- Chatham Alt. 99.6 Population 4,700. Ranks next to Si. 584.7 John as a ship-owning port of New Brunswick. It was here that the first steam saw mill was built.
- The terminus of the branch line and 590 4 Loggieville Alt. 32.8 important as a fish packing and timber manufacturing centre.

To Fredericton, Edmundston, Woodstock, Gagetown

The Fredericton sub-division of the Government Railways, 110 miles long, connects with the main line at Derby Junction. The railway follows the course of the South West Miramichi to Boiestown. At McGivney it crosses the Government Railways (Transcontinental) from Moncton to Edmundston, and from Cross

Creek runs to Fredericton by the Nashwaak River. This branch of the Government Railways runs through the heart of New Brunswick, one of the most picturesque portions of a province noted for its scenery.

The towns of Millerton. Doaktown and Boiestown operate sash and door factories, furniture factories and mills for the cutting up of lumber into dimension sizes for local consumption. At Millerton there is also a branch of the Miller Bark Extract Works. Export trade of the whole Miramichi section is growing very rapidly. Gibson and Marysville are manufacturing centres, and contain a large cotton mill, lumber mills and factories, which employ hundreds of people. They are connected with Fredericton by a substantial steel bridge. The whole of this district is famed for its big game hunting.

Fredericton Alt. 35.0 Population 8,000. Fredericton, the capital of New Brunswick, is one of the fairest cities in Eastern Canada, picturesquely situated on the St John River, finely built and well maintained. It is a most pleasant place of sojourn, and there are many opportunities for enjoyment. In the midst of a fine farming country, Fredericton has many advantages as a distributing centre, and has also some large and important industries, including saw mills and woodworking factories, farm implements, canoes, boots and shoes, etc. The Provincial Parliament Buildings, the University of New Brunswick and the Provincial Normal School are located here.



30,000,000 Feet of Lumber

Fredericton is another great centre for sportsmen, many non-resident hunters going into the woods from here after big game in the fall.

From Fredericton the St. John and Quebec Ry., now operated by the Canadian Government, runs south to Gagetown and north to Woodstock and Centreville, through the beautiful valley of the St. John River. Further reference is made to this section when dealing with St. John. See page 30.

On the Main Line to Moncton

576.4	Nelson Jct. A	Alt.	35.0	Resuming the journey on the main
578.4	Passmore	6.6	129.5	line, Rogersville will be noticed as
582.0	Barnaby River	**	56.4	having considerable lumbering.
593.9	Rogersville	44	304.0	Between Miramichi and Moncton
604.9	Ment Jct.	4.6	269.0	the railway passes through a
613.9	Harcourt		200.3	country that does not show its
619.7	Adamsville	4.6	299.4	merits when simply seen from the
623.0	Coal Branch	**	215.7	car windows. The line is so far
631.6	Canaan	6.6	262.3	from the shore that none of the
643.1	Berry Mills	**	216.3	flourishing settlements are seen, and the traveller gets a wrong im-

pression of what is really a fine part of New Brunswick. There is a rich farming and fishing district all along the coast, and there are rivers, of which only the headwaters are crossed by the railway. The Richibucto is one of these, and the village of the same name, twenty-seven miles from Kent Junction, is reached by the Kent Northern Railway. It has much to commend it as a summer



One of the Beautiful Elm-lined Streets of Fredericton

resort, and there is no limit to bathing and boating possibilities. Special attention is now being given to scientific oyster culture, many new beds having been laid and old ones re-stocked. The Richibucto is one of the principal streams where experiments are being carried on. Those engaged in the work are most optimistic as to the success of their efforts, and predict that in the near future they will be able to supply the Canadian demands and export to foreign markets. The village of St. Louis, seven niles distant, is noted as a resort for the sick and infirm, who seek the healing waters of a grotto in the nature of the famed one of Our Lady of Lourdes.

At Harcourt, lumbering is again in evidence. From here the hunter can readily reach the famous Canaan woods, and good fishing is also to be obtained. The North Shore Railway runs from Adamsville to Beersville, where the mines of the North Shore Railway & Coal Company are located. There are extensive deposits

of brick clay in this section.

Moncton Alt. 50.0 Population 12,000. The second largest city in New Brunswick, and one of the growing towns in the Maritime Provinces. Its geographical position and excellent railway facilities make it a distributing centre of great importance to the surrounding country—a situation of which many wholesale houses have taken due advantage. Here the Government Railways' lines from Halifax, Montreal, St. John, the Transcontinental from Winnipeg (now part of the Canadian Government Railways) and branch lines, including the Moncton & Buctouche Railway from Buctouche, converge. Moncton derives much of its prosperity from the presence there of the workshops and offices of the Government Railways, over 3,000 employees being on the pay roll. The city has some important manufacturing industries.

The natural gas from the wells of Albert is a great factor for cheap power for many of the industries, and its domestic use has greatly simplified living conditions and rendered them more agreeable, it being used largely to the exclusion of all other fuel. Moncton is a well built city, with modern stores, handsome churches and many fine residences. Its public services are all excellently maintained. Golfers have the choice of two courses. One of the attractions for visitors is the "Bore," or tidal wave of the Petit-codiac River.

From Moncton to St. John

657.3	Jones	Alt. 105.1	From Moncton the line runs
660.9	Boundary Creek	" 80.7	through one of the most fertile
664.1	Sallsbury	" 103.5	and cultivated sections of the
668.8	River Glade	" 81 7	Province to St. John, the com-
673.6	Petitcodiac	96.2	mercial capital of New Bruns-
679.2	Anagance	" 160.1	wick. Until nearing the valley
688.8	Penobsquis	" 91.8	of the Kennebecasis the best of
693.1	Plumweseep	" 66.9	the country is not seen from the railway. From Salisbury the
**			ranway. I foli Sansbury the

Salisbury & Albert Railway runs to Hillsboro and Albert. At Hillsboro there are extensive gypsum quarries and a splendidly

726.4

728.0

Model Farm

Quispamsis

equipped plant for the manufacture of plaster. Hillsboro may also be reached by a delightful drive of seventeen miles along the Petitcodiac River from Moncton. The Rocks at Hopewell Cape—one of Fundy's tidal phenomena—attract many visitors. There is considerable lumbering at Riverside and Albert, and this section of the Province is a rich farming district.

River Glade has a sanitarium for tubercular patients. From Petitcodiac the Elgin & Havelock Railway runs to Elgin and to Havelock. The Elgin section serves an important lumbering district and there are large mills at Pollett River and Elgin. Havelock is the centre of a good farming country where there is considerable dairying and fruit raising. This is also one of the best ways to reach the hunting grounds in the Canaan Woods.

696.3 Sussex Alt. 69.2 Population 2,000. Is picturesquely situated in the beautiful valley of the Kennebecasis, and is a handsome, well built and prosperous town. In the midst of a fine farming district, it is a good trading centre, and has several large and important industries, including the manufacture and bottling of aerated waters. The waters of the sulprur springs are said to have medicinal qualities that are highly beneficial. In the vicinity is the Government Military Camp. There are excellent opportunities for trout fishing.

Alt.	73.4	From Sussex to Hampton the
**	51.2	course of the Kennebecasis is
44	35.0	followed, and again from Rothe-
4.6	35.1	say until a few miles before St.
6.6	26.7	John is reached. This is one of
44	29.1	the most picturesque train tides
46	18.8	in Canada.
	28.4	From Norton the line of the
	66 66 66 66	" 51.2 " 35.0 " 35.1 " 26.7 " 29.1 " 18.8

130.0

154.0

Chipman and Minto where there are extensive coalfields, thence to Fredericton. The country about Norton is well adapted for agriculture. This is a well-known territory for the hunter of big game.

Fredericton & Grand Lake Coal

& Railway Company runs to

Hampton is a pleasant village with much to commend it to the visitor. It is the shiretown of King's County. Besides enjoying favour as a summer resort, it has some important industries, including saw mills, a woodworking factory and a match factory. From this point the Hampton & St. Martins Railway runs across the country to the flourishing village of St. Martins on the Bay Shore—a favourite summer resort.

The Indian names of a number of the stations between Moncton and St. John are likely to excite the curiosity of the stranger. In locating the stations along the line, several existing Indian names were adopted, such as Apohaqui and Petitcodiac. In addition, wishing to preserve the Indian nomenclature, when a new name was wanted for Stone's Brook, the words "penobsq," a stone, and "sips," a brook, were taken, and the word Penobsquis became a railway station on the American continent. In the same way, Salmon River was translated into Plumweseep, and at one place

where there was no English name, the existence of a little lake suggested "quispem," a lake, and "sis," the diminutive term. Thus it is we have Quispamsis. The other Indian names along the line, however, are usually modifications of those which the aborigines bestowed on the respective localities.

731.2	Rothesay	Alt. 23.0	Approaching St. John, several suburban
732.7	Riverside	" 20.1	villages are passed. Principal of these
733.6	Renforth	" 40.4	is Rothesay, which is finely situated on
734.4	Torryburn	68.8	Kennebecasis Bay. The many beauti-
735.7	Brookville	" 29.3	ful homes testify to its popularity
737.0	Cold Brook	" 12.8	as a place of residence. At Riverside
			is the home of the Riverside Golf and

Country Club.

Further along is Renforth, where there are numerous summer cottages. The river here was the scene of noted aquatic contests in the days when boat racing was of world-wide interest.

740.0 **St. John** Alt. 21.4 Population 43,000—the city founded on a rock by the Loyalists in 1783, a Government Railway terminal, commercial capital of New Brunswick, winter port for Atlantic liners, and the year round for the West Indies, Boston and coast towns.

Almost completely destroyed by the great fire of 1877, old St. John with all her romantic history is lost, but new St. John is a handsomely built and substantial city with wide, modern business blocks, up-to-date stores and beautiful residences. The in-



The Valley of the Kennebecasis

Mis. from

dustries of this busy city are perhaps more varied than any community in the Maritime Provinces, giving employment to thousands of hands, and are a tribute to the energy of her citizens, who are one in the belief of the future progress of the port. Rockwood Park, one of the finest natural parks on the continent, is on the outskirts of the city, and there are many places of scenic and historic interest.

The St. John Harbour is spacious and deep, and is navigable at all times and seasons. Modern conditions in connection with shipping and increase in Canadian trade through this port have necessitated extensive improvements in harbour facilities. The St. John River, draining an area of 30,000 square miles after a flow of 450 miles, and which with its tributaries furnishes 1,300 miles of navigable water, discharges its flood into the harbour through a narrow, rocky gorge. Here are the famous Reversing Falls, so called because at high tide the water of the harbour is above the level of the river and the flood is forced backward for a time. It is estimated at the present time that 125,000,000 feet of lumber are floated down the river to St. John yearly and manufactured into lumber and wood pulp. During the season of navigation there are regular steamer sailings up this magnificent waterway to Fredericton.

Woodstock Alt. 177.0 Population 4,000. The St. John and Quebec Railway, now operated by the Government Railways, from Fredericton to Woodstock and Centreville follows the course of the St. John River to Woodstock. It is another of the many picturesque railway journeys in this part of



The City Water Front, St. John

Canada and through a country of such marvellous fertility as to earn the title of the "Garden of New Brunswick." Woodstock, approached from the railway, is seen to be nestling amongst a luxurious growth of trees. It has more attractive, valuable and useful buildings than many towns four or five times its size. Its residences are particularly attractive, and being the centre of a wealthy farming community, its commercial standing ranks higher than most places of similar population. The extensive iron and copper deposits in the vicinity are receiving attention from capitalists. Woodstock has an excellent golf course.

652.6	Humphrey	Alt.	56.6	Returning to the main line at
657.8	Painsec Jct.	6.6	148.4	Moncton for Halifax, there is a
667.5	Shediac	**	46.8	double track to Painsec Jct., from
669.8	Pt. du Chene	**	10.1	which point a branch line runs to
665.0	Calhoun	**	49.9	Shediac and Pt. du Chene. Shediac
669.7	Memramcook	**	29.0	is a well-known seaside resort, with
671.5	College Bridge	**	28.0	good boating and bathing. At
				Point du Chene there is an ex-

tensive sand beach, and the place is much in favour with the residents of Moncton, many of whom have summer homes at the beach, and also at Cape Brule, further along the shore. There are fish packing plants at Point du Chene, from which large shipments are made to Canadian and American markets. From Point du Chene there is steamer connection with Summerside, P.E.I., during the season of navigation.

Memramcook is the centre of a fine agricultural district settled by Acadian French. At College Bridge will be seen the stately buildings of St. Joseph's University.



The Government Railways Station and Grounds, Moncton, N.B.

Mls. from Montreal 677.0

Population 1,400, the shiretown of Westmorland County. The village is Dorchester Alt. 21.1 Westmorland County. pleasantly situated on the high ground above the valley through which the railway runs. In approaching Dorchester, the Mari-time Penitentiary buildings are seen on the hill near the village. This institution is for convicts from the Maritime Provinces, Dorchester being a central point in relation to New Brunswick, Nova Scotia and Prince Edward Island. Here and there on the way from Moncton, the traveller has caught glimpees of broad stretches of verdent marsh meadows. When he leaves Sackville he begins to realize the extent of them in this part of the world. The thousands of acres which he sees are but a small portion of the ever fertile areas which are found around the head of the Bay of Fundy, and which have been a rich heritage to its people from the earliest days. A marsh once established is always fertile. It needs no manure save that supplied by nature in the depoist of rich alluvium which is left when the turbid tides are allowed to overflow the land. It is said that four inches of this muddy sediment, supplied in layers of perhaps a tenth of an inch at any one tide, will insure abundant crops for a century. Three tons of hay to the acre is a common yield. If need were, much more than hay might be produced from these fertile fields, but under existing conditions, the old-time staple is the most profitable to the farmer. His marsh is a bank which insures him more than compound interest and can never fail.

Sackville Alt. 24.3 Population 3,000—thriving manufacturing town. Mount Allison University (Methodist) and several other educational establishments are located to re. The golf course near the town is considered one of the stablishments are located to re. The golf course near the town is considered one of the stablishments are located to re. The golf course near the town is considered one of the stablishments are located to re. The golf course of the Service and the Government is the near future will be the principal rail link between the railways on the mainland and that on Prince Edward Island. Docks are in the course of construction at Cape Tormentine and Cape Traverse, a point opposite on Prince Edward Island, the narrowest part of the Strait of Northumberland. The S.S. "Prince Edward Island," a new car ferry specially built to contend with ice conditions, capable of carrying a heavily loaded train, will perform the ferry service the year round. The benefits such a service will confer are obvious. Produce will be ship of to its destination without breaking bulk, a refrigerator car service established for perishable goods, and a mail service operated without interruption.

THE PROVINCE OF PRINCE EDWARD ISLAND

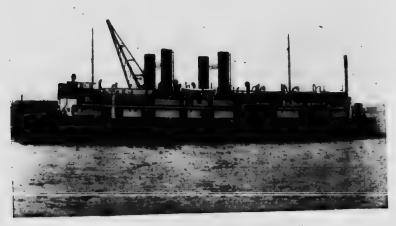
Area 2,184 square miles. Population 94,000, the smallest Province of the Dominion but its most thickly populated.

Situated in the Gulf of St. Lawrence, Prince Edward Island is separated from the shores of New Brunswick and Nova Scotia by the Northumberland Strait. At its widest, the strait is over thirty miles from shore to shore, but between Cape Traverse on the Island and Cape Tormentine on the mainland, the distance is only seven miles. From tip to tip the island is one hundred and

thirty miles, while the width varies from two to thirty miles. The surface is gently undulating. There are no mountains and no forests to speak of, but the lack of forest does not mean that the country is bare, for copses and clumps of trees are visible on every hand, giving a charming variety to the agricultural scene, and wild bits of woodland are still to be found. The stately elm and sturdy oak, the white-barked delicate birch, the slender Lombardy poplar, and the dark pyramidal spruce, each stamps its characteristics on the landscape, while the reddish hue of the soil makes a charming contrast with the vivid green of vegetation. The "Island," as its people love to call it—for where else in all America can be found its duplicate—is in summer a garden of perfect beauty fanned by cooling breezes from the Ocean, with mile after mile of sandy beaches. Invading the land and moulding the red cliffs into fantastic shapes is the ever restless sea. Everywhere are verdant fields, prosperous farms and comfortable homes. Arms of the sea cut into the land in all directions, forming landscapes and seascapes of surpassing loveliness. Numerous trout streams furnish sport for the angler, and deep sea fishing is easily obtainable. In season, brant, wildgeese, plover, snipe woodcock and other game birds are plentiful, and good bags are not difficult to secure.

The island has 274 miles of railway, owned and operated by the Canadian Government. No part of Prince Edward Island is more then ten miles from the railway, and three-fourths of its area is within five miles of the rails. The highways have a reputation for general excellence, and a driving tour of the Island is one of the most pleasant experiences and an enjoyable means

of thoroughly appreciating its many attractions.



The Car Ferry-S.S. "Prince Edward Island"

Mls. from

Charlettetewn Alt. 8.0 Population 12,000, the capital and a commercial centre of the island, with

a fine harbour opening into Hillsboroush Bay. It is well leid out, and the streets are of a generous width, with an abundance of shade trees. There are a number of imposing public buildings, and much taste is shown in the private residences and their surroundings. Several of the churches are handsome structures, and the new Catholic Cathedral is considered one of the finest specimens of architecture south of the City of Quebec. Queen Square, while in the business part of the city, is practically a public garden tastefully designed and kept in excellent order. Substantial business blocks are grouped along the sides of the square, and here also are the post office, court house, old province building and the market house, the latter being a place well worth a visit on the regular market days.

Victoria Park, the natural beauties of which have been preserved, is convenient to the city, and is reached by a beautiful driveway which skirts a portion of the harbour, passing Government House and old Fort Edward. The golf links at Belvedere have a reputation which has reached far beyond the confines of

the island.

Summerside Alt. 8.0 Population 3.000. The town of Summerside is second in point of population. It has excellent stores, handsome residences, and much to attract the summer visitor. From a hill in the rear of Summerside is a glorious prospect of the country and of the waters to the north and south. Looking one way, Bedeque Bay is seen with all its attractive surroundings, while beyond it lies Northumberland Strait, with the coast line of New Brunswick in the distance.



Sweet Pastoral Scenery-Prince Edward Island

53

Alberton, Tignish, Souris, Montague, Georgetown, Murray Harbour, Mt. Stewart, are the other principal towns.

Among the better known and more frequented beaches with summer hotel accommodation, where the best of sea bathing may be enjoyed, can be mentioned: Stanhope, Brackley, Rustico, Rocky Point, Pownal Bay and Cape Traverse.

A Million Acre Farm.—Although small in area compared with the other provinces, and with a population considerably less than that of several of the leading Canadian cities, Prince Edward Island is one of the most fertile parts of the Dominion, and its best economic province, inasmuch as it is one of the few that produces enough for its own needs, and yet has a large surplus to export for the benefit of others. Experts have declared that the island is capable of supporting a population of over two millions. In its total area of 1,398,000 acres there is more tillable land than in any other portion of the Maritime Provinces, and it is doubtful if any other part of Canada has in proportion so many well kept farms, so good a standard of farm buildings, and any better grade of live stock. Practically the whole of the island is under cultivation, with farms varying in size from fifty to several hundred acres. Mixed farming is practised for the most part, but of late years encouragement has been given to scientific dairying with the most gratifying results. Every farm seems well stocked with cattle, and the land tilled in an intelligent manner. Enough beef cattle are raised to supply local ne ds, and numbers are shipped to the mainland. Many hogs are raised, and the Charlottetown packing house does a big The farms have business in the smoked and cured products. their quota of geese, and thousands are shipped alive in the autumn to foreign markets. Island mutton and lamb have a high reputation for flavour, and there is considerable demand for export. The Island is famous for its horses. The black fox industry has in recent years brought the island province into prominence.

Fisheries. The fisheries of Prince Edward Island have an approximate annual value of a million and a half dollars, and this industry must always remain one of the standard resources, although the inclinations of the Islanders are so decidedly agricultural that the culture of the deep has not hitherto received from them the attention it deserves. Lobsters, oysters, clams, herring, cod, smelt, mackerel hake, haddock are the principal yield. The Island is celebrated for the excellence of its oysters, and the "Malpeque" is synonymous for everything that is succulent. With the better cultivation that is now being given to this important industry, the outlook is promising for an increased production.

692.2 Aulac Alt. 23.8 Returning to the mainland Aulac is the last station on the main line in New Brunswick.

THE PROVINCE OF NOVA SCOTIA

Area 21,428 square miles. Population 493,000.

Some five or six years ago a well-known Halifax publication coined the phrase, "What a good thing it is to live in the Maritime Provinces where times are never very bad." The following figures for the year 1916 give considerable force to that statement:—

Estimated Returns for Nova Scotia for 1916

Fisheries	\$ 8,700,000
	54.000.000
Shipping and Manufactures	4.000.000
Lumber	
Coal (value of output)	22,750,000
Pig Iron	5,600,000
Steel Ingots	11.000.000
	2.240,000
Iron Ore imported	1.500.000
Coke	
Stone, Gypsum, Building Materials, etc.	1,000,000
Gold	100,000
Clay Products	228.000
Tar Products	500.000
	150,000
Antimony	
Miscellaneous	300,000
Products of the Farm	33,886,962



With the Deep Sea Fishermen-Prince Edward Island

The early settlement of Nova Scotia was made by the French. Acadia they called it, and its boundaries extended so as to include a large part of what is now New Brunswick. De Monts and Champlain explored parts of the south shore, entered the Annapolis Basin, made choice of a site there for settlement, and explored the Minas Basin. Later they founded Port Royal, in the year 1605, but abandoned it a few years after. Acadia was several times owned in turn by the French and English, but finally. after the taking of Quebec by Wolfe, and the close of the American Revolutionary War, a lasting peace ensued, and Nova Scotia, as part of Canada and the British Empire, has prospered.

Population 10,000. A busy manufacturing town with several large and important Amherst Alt. 59.4 698 2 industries. The business part is compactly built, and the residential portion handsome. The golf club has recently moved to new links, which give promise of making an excellent course. The centre of a good farming country, the annual winter Fat Stock Shows held in Amherst have become a feature. Amherst is one of the few places in the world that obtains its electrical energy direct from the pit mouth. A few miles away are the Chignecto mines, and here the screenings, or mine refuse, is automatically conveyed and fed into specially designed boilers. generating power at very low cost. The current is transmitted to the surrounding towns and villages.

Northwest of Amherst are the ruins of Fort Cumberland, the Beausejour of the French. It was from Fort Lawrence, also in the immediate neighbourhood, that the attack was made on the

French fort that resulted in its capture.

A Government Experimental Farm. Alt. 28.2 702.7 Nappan covering about 300 acres, part of 31.1 706.3 Maccan which is under high cultivation, is 133.6 710.0 Springhill Jct. " 198.6 at Nappan. Considerable attention is paid here to the raising of beef cattle and the winter feeding of animals, with the object of Athel 715.4

stimulating the better care of livestock.

Among the Coal Fleids

At Maccan the Nove Scotia coal fields commence to put in an appearance, a branch line running from here to joggins, and from Springhill Junction to Springhill Mines. Nobody knows how much of a deposit of coal there is in this province, but geologists' estimates tell of fabulous wealth. Enough is known, however, to demonstrate that if the seams in the Eastern part of Nova Scotia, including Cape Breton, were followed they would lead far under the Gulf of St. Lawrence and the Atlantic Ocean, and, as a matter of fact, seams are already being worked in Care Breton under the bed of the ocean. Figures have been mentioned elsewhere showing the extent to which coal mining is carried on in this part of the Dominion.

Parrsboro, on the shores of the Bay of Minas, has many attractions for the summer visitor.

721 9 River Philip
728 0 Oxford Jct.

Alt. 150.6 From Oxford Jct. a branch of the Government Railways, known as the short line, runs to branch serves the manufacturing

town of Cxford, Pugwash and the villages along the shores of the Straits of Northumberland. It traverses a rich farming country, and the fisheries and lumbering operations contribute to the wealth of the district. At Scotsburn, the co-operative creamery has an extensive business.

The Wentworth Valley

Resuming the journey on the main 732.1 Thomson Alt. 106.0 line, the railway crosses over the Cobequid Mountains, and at Folleigh 283.5 739.5 Greenville 6.6 310.7 740.9 Westchester Lake it will be noted an altitude of 750 0 611.6 Foileigh

611 feet is reached, the second highest point on the Government lines east of Montreal. The scenery among the mountains is more than picturesque. Sometimes the eye will catch a pastoral picture of a winding valley. dotted with cottages in the midst of fertile fields, while far below a glistening of water tells where the river flows through the bright green intervales, or leaps in fairy-like cascades in its journey down the hillside. The glorious panorama is continued as the train runs its course through the picturesque Wentworth Valley. At other times the train passes through long and deep cuttings, where the masses of rock bear witness to the labour required to break down the barriers of nature. Then again the road takes a short cut from hill to hill, as at Folleigh Valley, which is spanned by a viaduct six hundred feet long and eighty-two feet above the little stream which trickles below. In the early Fall, when the autumnal tints have just touched the leaves, the valley is a riot of colour.

At Londonderry a branch line runs Alt. 335 3 **757.5** Londonderry to the Acadia Iron Works. From 195.7 761.1 **East Mines** this station into Truro the waters 763.3 767 0 155.7 Debert of the Cobequid Bay are seen in Alt. 84 4 Belmont the distance, and the railway passes

through an excellent farming country.

774.5 Trure Alt. 59.7 Population 7,000. An attractive and enterprising town. It is admirably situated on gently rising ground, with the railway running along the valley at its base, near enough to be convenient to the business centre and yet not near enough to interfere with the attractions in which good taste has been combined with what nature has done to make the place beautiful. The long, wide streets are adorned with shade trees; the houses, great and small, have well-kept lawns and tasteful flower gardens, and visitors are always well pleased with the town. Yet the town is more than good looking, it is active

and enterprising. A number of important industrial establishments are in operation. Truro is the business centre for a large lumbering and farming district, and in this respect is every year secoming of greater commercial importance. Many of the buildings, and notably some of the more recent ones, are handsome and imposing structures. The normal school and the agricultural

school are among the institutions worthy of special note.

Close to the town, yet wholly apart from the surroundings of vereday life, is Victoria Park, a place which nature has admirably adapted to the purposes of a pleasure-ground. One portion of it is a picturesque gorge through which tumbles a murmuring brook. Following its windings and travelling the paths which lead around the well-wooded hillsides, the visitor finds a cascade of singular beauty pouring over a barrier of rock that rises to a height of fifty feet or more above the pool which the waters form at its base. This is the place of which the gifted Joseph Howe wrote four score years ago, that "never was there a more appropriate spot for old men to see visions and our young men to dream The cascade has been appropriately named the Joe Howe Falls. Further up the stream is another water-fall amid romantic surroundings, while the park as a whole is so charmingly rustic that the best of judgment has been required to guard against too much alleged improvement by man. Truro has one of the finest golf courses in the Dominion.

From Truro is the Mulgrave-Sydney division of the Government

Railways.

The Dominion Atlantic Railway runs to Windsor, the Annapolis Valley - Land of Evangeline—to Yarmouth.



In Victoria Park, Truro

Mls. from			
Montreal		A1, 140 1	From Truro to Halifax the Govern-
779.3	Hilden	Alt. 140.1	Promi Trulo to Franca the covers
782.5	Brookfield	" 100.0	ment Railway runs through a fine
787.2	Alton	" 96.5	country, the most flourishing por-
791.7	Stewiacke	" 81.9	tion of which is not seen by the
796.2	Shubenacadie	" 57 5	traveller. Large tracts of rich
799.9	Milford	" 54.2	intervale and excellent upland
		" 50.0	combine to make one of the best
806.2	Elmsdale		farming districts in Nova Scotia.
808.6	Enfield	60.5	larming districts in 1404a Scotia.
812.0	Oakfield	01.9	Dairying and lumbering are ex-
813.2	Grand Lake	" 57.7	tensively carried on. The Stew-
815.0	Wellington	" 79.4	iacke River, which waters this
818.3	Kinsac	" 94.1	district, takes its rise among the
	Windsor Jct.	" 128.4	hills of Pictou and flows for forty
822 4		" 135.6	miles or so until it empties into the
824.0	Lakeview		Shubenacadie, a large and swift
827.7	Bedford	42.2	Shubenacadie, a large and swite
832.2	Rockingham	" 9.4	stream which was at one time
835.5	Richmond	" 19.1	looked upon as a future highway of
0,5.5			commerce across the province.

province. Nature had placed a chain of lakes at the source of the river, and it would seem that art would have little trouble in constructing a canal to Halifax. At Elmsdale there are extensive clay deposits, and the Oldham Gold Mines are about seven miles from Enfield. From Windsor Junction a branch line runs past Waverley, where there are gold mines in operation, to Dartmouth.

Population 5,100, is directly opposite Halifax and connected with that city Dartmouth Alt. 14.5 834.9 by an excellent ferry service. It has several well-established



Joe Howe Falls-Victoria Park, Truro

manufacturing industries. The Brightwood Golf and Country Club, very beautifully situated in Dartmouth on some high hills. was organized two years ago to provide a place for the Halifax Golf Club when it should lose its present grounds, which it must do in course of time, possibly soon, though the time is indefinite.

Recently, the Government Railways have extended their operations 70 miles from Dartmouth to Upper Musquodoboit, a section of the province which is not only rich agriculturally, but is believed to abound in valuable minerals. The line passes through a picturesque country more thickly populated than the average district in Nova Scotia. The railway follows the coast line and gives access to a number of beautiful beaches, which in the near future will undoubtedly meet with due appreciation. From Windsor Junction the Dominion Atlantic Railway runs

to Windsor, thence through the Annapolis Valley-the Land of Evangeline—to Yarmouth. At Bedford is seen the upper end of that beautiful sheet of water, Bedford Basin. Here it is that yachts and boats of all kinds are to be found taking advantage of so fair a cruising ground, spreading their sails before the breezes which come in from the Atlantic.

Hailfax Alt. 58.9 Population 46,600, the capital of Nova Scotia and one of the Canadian Government Railways' chief terminal points. The city is substantially built on a peninsula, and has one of the finest and largest harbours 836.3 in the world, navigable at all seasons, where steamers and sailing ships of many nations may be seen. There are regular sailings for Europe, the West Indies, Boston, New York and coast ports.



The new Ocean Terminals, Halifax

It is an important financial centre, enjoys a large foreign and domestic trade, and has many extensive commercial enterprises. To meet the ever increasing dimensions of ocean-going vessels and the vast expansion of Canadian trade, new docks and railway terminals, covering an area of over 200 acres, are in course of construction. When completed, they will be architecturally worthy of the city, filling all the requirements of present day travel, making Halifax the most modern and commodious ocean terminal on the Atlantic sea-board. Halifax, generally recognized as the key to the strategic situation in Canada and North West Atlantic, is garrisoned by Canadian troops, and with the fortifications at the Citadel, York Redoubt and McNab's Island,

is regarded as practically impregnable.

Halifax has been the scene and is connected with more maritime events of world-wide interest than perhaps any other Atlantic port. Cook, Rodney, Nelson, Marryat, knew this harbour well. Here the "Shannon" and "Chesapeake" anchored after their historic duel. From here the "Tallahassee" escaped. Coming to more modern times, it was to Halifax that the survivors of the were brought, and where many of the victims are buried. At the outbreak of the greatest war of all time, the huge Cunarder, the "Mauretania," here took refuge, entering and leaving the harbour under her owr steam and without any assistance from tugs, and the part Halifax has played since then is not permitted to be mentioned. From its long association with the army and navy it is the most thoroughly English city on the continent. With the frequent visits of the men-of-war and the presence of the military, there is a life to the city peculiar to itself in this part of the world. There are many points of historic and scenic interest. The public gardens of Halifax are said to be the equal of any in America. The Northwest Arm, a charming inlet of the harbour, and Point Pleasant Park, are delightful places of recreation, with exceptional facilities for boating and bathing, so that, combined with the many beautiful drives, the magnificence of the surrounding scenery, the numerous attractive suburban resorts, it is little wonder that the stately old city is an objective point for an army of tourists. The possibilities for golf are mentioned in connection with Dartmouth.

From Truro to the Sydneys

778.9	Valley		110.9	The Government Railways have
782.9	Union	0.0	219.9	a morning and evening train
787.0	Riversdale	**	316.2	from Truro to the Sydneys, the
794 9	West River	**	447 3	Ocean Limited from the west
797.7	Gordon Summit	4.4	565.6	connecting with the evening
802.6	Glengarry	4.5	392.8	train. It is a beautiful country
809.1	Hopewell	4.4	203.0	between Truro and Stellarton
810 6	Eureka	4.6	148 0	on the southern loop or main
811 3	Ferrona Jct.	**	140.8	line of the Government Railways,
011.5				and walks, drives and excursions

by rail from Truro or New Glasgow along the pretty hills, vales and streams will bring much pleasure. At Eureka there are large woollen mills.

TO THE MARITIME PROVINCES

Mls. from Montreal 815.0 817.0 818.0 818.6	Stellarton New Glasgow Westville Trenton	Alt.	62.1 32.0 222.7 44.0	4.6	n 4,000 7,000 4,500 1,300	These for practically each other indeed a industry.	adjoin
---	---	------	-------------------------------	-----	------------------------------------	---	--------

in one of the largest and best developed coal areas in Canada (Stellarton has the thickest known seam of coal in the world, 37 feet), the output from the mines is enormous. There are several very important manufacturing industries, chief of which is the Nova Scotia Steel and Coal Co.'s rolling mill and forging plant now largely engaged in the shell manufacture. Further mention of this company's operations are given in connection with Sydney Mines and North Sydney. The car works at Trenton is another evidence of this corporation's energies, and a still more recent addition to its activities is the steel shipbuilding industry.

828.5 Pictou Alt. 10.7 Population 3,500. Pictou is one of the oldest towns in Nova Scotia, pleasantly situated and substantially built. The surroundings are delightful, and it is a charming place for a summer visit. It is important as a railway and steamship terminal, and besides has several large manufacturing industries. From here steamers run to ports on the north shore of Cape Breton, to the Madgalen Islands and to Prince Edward Island.



Pictou Harbour

Mls. from				
Montreal	201	Ale	143.0	On the way from New Glasgow to
822.9		AIL.		On the way willege
827.2	W. Merigomish	**	69 0	Antigonish are many pretty villages
		4.6	20 0	surrounded by a fertile country.
830.6	Merigomish			surrounded by a rotate
835.4	Piedmont	**	263 0	Fine farms are seen everywhere.
		8.6	154 0	and there is a general look of
839.1	Avondale			and there is a govern
841.1	Barney River	4.6	205 0	prosperity. The scenery in the
	Balliey Miles	44	410 0	vicinity of Antigonish is charming.
845.1	Marshy Hope		418.0	Alciuity of Whitisomer is charming.
	In man Diver	8.6	252.0	Approaching the village after leav-
848.9	James River			D. Dinas the route is
853.0	Brierly Brook	**	148.0	ing Barney River, the route is
0.00	Bileity Bicon			through a canon for several miles,
				16 1 Di 1 . N. II . Ninen America

this being part of the beautiful Piedmont Valley. Near Antigonish is Sugar Loaf Mountain, 750 feet, from which can be seen the distant shores of Cape Breton. Only a few miles from the town is Gaspereau Lake, which is fully 500 feet above the sea level.

Population 2,000. Three score and ten Antigonish Alt. 15.0 858.4

years ago, Judge Haliburton (Sam Slick) recorded his opinion that Antigonish was one of the prettiest villages in the eastern section of Nova Scotia, and his judgment on this point requires no revision at the present day. It is beyond doubt an attractive place. Its tidy dwellings stand amid beautiful shade trees on low ground, while the hills rise in graceful cones near at hand. Among these hills are sweet and pleasant valleys and the brooks are as clear as crystal. The village is the seat of the Bishop of Antigonish. St. Ninian's Cathedral is a fine edifice, built of stone and erected at a great expense. It will seat 1,200 persons. St. Francois Xavier College is located near it, and has a large number of students from all parts of the Mari-time Provinces. The college and church grounds are beautifully situated, and many of the private residences are remarkably tasteful in their appearance and their surroundings.

The community is largely composed of Highland Scotch and certain historic family names are so well represented that many of the prominent residents are known by their Christian names coupled with some distinguishing title, frequently one showing the line of descent. In this part of the country, as through Cape Breton, the Gaelic language is extensively spoken, and for the benefit of many of the older people sermons in that tongue are preached from time to time in the cathedral and other churches. By all odds, the most attractive spot is at Lochaber Lake,

on the road to Sherbrooke, thirtzen miles from the village. This lake is about five miles long, and varies in width from a few hundred feet to nearly half a mile. The road runs along its bank for the entire distance, amid foliage of the most attractive character. The water is very deep and remarkably clear and pure, while the om it and have a very beautiful effect.

	banks rise abrupt	iy ir	Om It	and have a very bouttoner
863.5	South River	-	22.0	The Monastery of Our Lady of
868.3	Pomquet	4.6	27.0	Petit Clairvaux at Tracadie, which
870.6	Heatherton	4.4	76.0	was its proper title, was founded
872.9	Payfield Road	64	132 0	in 1820. The members of the
874.4	Aiton	44	131.0	community are Cistercian Monks,
878.4	Tracadie	0.0	41.0	though commonly called Trap-
883.1	Linwood	4.4	132.0	pists from their obedience to the
887.2	Har. au Bouche	44	301.0	rule of La Trappe, the founder of
007.2				the Order.

The life of a Trappist is devoted to prayer, manual labour and silence. The ordinary hour of rising is two o'clock in the morning, except on Sundays and feast days, when the hour is half-past one. The remainder of what most people would call the night is spent in chanting the offices of the church, in meditation, and other religious duties. The fast is broken by a light meal at 7.30 in the summer and 11.30 in the winter, the latter season being kept as Lent. The monks never eat meat, fish or eggs, and it is only of recent years that butter has been allowed in the preparation of the vegetable food. The discipline is strict in all other respects, for the Trappist life is the most rigorous of all the monastic orders. Conversation, when necessary, is carried on by signs, except in addressing the abbot.

The monks, in addition to their own manual labour, furnish considerable employment to others who assist them in their work, and they are excellent farmers. In their religious duties they seek to make reparation for the sins of the outside world. Despite what seems a severe life, they enjoy excellent health and live to a great age, as a rule. All their life, however, is a preparation for death. The burial place is close to the monastery, where it is continually in sight. When a monk dies he is buried in his habit, uncoffined, and when the grave is filled in, another grave is opened to remind the survivors that one of them must be

its tenant in his appointed time.

896.8 Mulgrave Alt. 9.0 At Mulgrave the Government Railways reach the Strait of Canso. This is the great canal nature has placed between the ocean and the Gulf of



Near Antigonish

St. Lawrence, by which not only is distance shortened, but the perils of the sea are, in many cases, reduced to a minimum. Fourteen miles or so in length, and about a mile in width, it strong currents assert its claim to be part of the great sea beyond, while the thousands of sails passing and repassing year after year tell of its importance to the trade of the whole Atlantic Coast. Mulgrave is an important shipping port, steamship lines running from here to Arichat, Canso and Guysboro, and to Port Hood, Inverness and Cheticamp. Fresh and cured fish from Canso is largely shipped from Mulgrave to the West. Situated on the high land, some glorious views, both of the long stretch of water dotted with all kinds of craft and of the sloping hills of the island beyond, are to be had.

Cape Breton, Nova Scotia

Cape Breton is usually spoken of as an island, but it actually consists of a number of islands. Water, fresh and salt, has been distributed very liberally in this part of the world, and it is to this that Cape Breton owes much of its charm. The land, of course, does its share as a part of the beautiful picture. For the summer visitor the island has everything to be wished for, bold scenery and fine prospects, charming vale and river districts, beautiful woods, romantic gorges, sparkling water-falls, sunny skies, delightful temperature and invigorating air. Nature has liberally endowed this section of the Dominion, for Cape Breton is very rich in minerals. The productive coal measures cover about two hundred and fifty square miles. Gypsum is found in many



Mulgrave and the Strait of Canso

places, and evidences of petroleum have occurred. Deposits of gold and copper are known. Its fisheries are of great wealth.

Cape Breton has many smiling acres that await the settler, the raising of sheep offering special opportunities. The quality of the soil is equal to that of any other part of Nova Scotia. For the sportsman there is caribou hunting, tuna, sword fish and any amount of trout fishing.

Cape Breton has been so far removed from the bustle of the world in the past that there is a freshness about it that may be

sought for in vain along the beaten highways of travel.

To cross the Strait of Canso it is not necessary to leave the train, for the cars are carried from Mulgrave to Point Tupper on a powerful car ferry. "The Scotia," specially designed to combat with winter conditions.

896.8 Pt. Tupper Alt. 9.0 From Pt. Tupper the line of the Inverness Railway runs past Port Hawkesbury, which has one of the largest and best equipped freezers and fish packing plants in Canada, to Inverness, one of the cen's of coal mine operation. The Cape Breton Railway runs south to St. Peters. In the first part of the journey by the Government Railways but little is seen of the people of the country. The country itself, however, begins to give glimpses of its beauty at such places as McKinnon Harbor and the various inlets of Denys River. Then comes the famed Bras d'Or.

901.2	Mine Road	Alt. 142.0	From Orangedale the village of
904.1	Macintyre Lake	" 133.0	Whycocomagh is reached by a
	Machityre Lake	" 214.0	delightful drive of seven miles
910.7	West Bay Road	72.0	around the shore of the basin
918.0	River Denys	,	forming the termination of St.
926.0	Orangedale	" 12.0	forming the termination of be
930.9	Alba	" 15.0	Patrick's Channel, an arm of the
	McKinnon Har.	" 90	Bras d'Or. This is one of the
936.8		" 12.0	beauty spots of Cape Breton.
942.2	Iona	12.0	From Iona is steamer connec-

tion with Baddeck, a delightful sail of twelve miles. Approaching Baddeck, "Beinn Bhreagh" is on the right, where is seen the beautiful estate of Dr. Alexander Graham Bell, the owner of which is known to the world as the inventor of the telephone. Here some remarkable experiments are being conducted in airship construction. To the seeker of recreation amid quiet surroundings, Baddeck is ideal. In this vicinity are numerous sites for summer bungalows. The land can be purchased quite cheaply or leased at a reasonable rental. Sydney or Whycocomagh may be reached from Baddeck by steamer.

The Bras d'Or Lake

942.9 Grand Narrows Alt. 12.0 Two peninsulas nearly meet at the Grand Narrows, and thus almost separate the Great from the Little Bras d'Or. The two lakes are called the Bras d'Or Lakes, but because their waters communicate so that a passage from one to the other may easily be made through the Grand Narrows channel, the whole water system is now

frequently called the Bras d'Or Lake. The surface area is 450 square miles.

The Bras d'Or Lake is really an inland sea, or, more correctly, an arm of the Atlantic Ocean. In the waters of the upper or smaller of the two lakes is the long and narrow island, Boularderie, some 28 miles long, and nearly three miles wide at its northern end, where it fronts on the Atlantic. East and west of it are channel or inlets from the ocean. That on the east, tide-swept and impassable for large boats, is the Little Bras d'Or or St. Andrews channel. The wider channel on the west side may be traversed by any vessel afloat, as it has a depth of from thirty to two hundred feet. Both channels lead south through the Grand Narrows into the larger of the two lakes, where at the southern end the narrow isthmus has been cut, and where a canal—St. Peters—with locks enables vessels to pass in and out.

It has been said of the Bras d'Or that it is the most beautiful salt water lake ever seen. The substance of Warner's comment is seen to be true by all who visit these shores. "The water runs into lovely bays and lagoons, having slender tongues of land and picturesque islands. It has all the pleasantness of a fresh water lake with all the advantages of a salt one." There is practically no tide, the comparatively narrow sea entrances acting to resist the flow of water out and in. The difference in level is usually sees than a foot.



Entrance to Baddeck Harbour-Bras d'Or Lake

Mls. from				
Montreal				
945.6	Christmas Island	Alt. 26	1.1	The railway follows the shore of
951.5	Shenacadle	" 14	0	the Lake for about thirty miles.
960.2	Boisdale		0.1	At every turn new features
965.9	Ba-achois	" 21		claim wonder and admiration.
971.4	Geo. ge kiver	" 37	.0	Here a cluster of fairy isles.
973.6	Watson	" 11		here some meandering stream.
976 7	Little Bras d'Or	" 21	. 0	and here some narrow strait
978.3	Figrence	" 35	0	leading into a broad and peaceful
				bay. High above tower the

mountains with their ancient forests, while at times bold cliffs crowned with verdure rise majestically toward the clouds, all combining to form a scene of rare beauty, surpassing the power of pen to adequately describe.

The Sydneys

980 9	Sydney Mines Alt. 61 0	Under the term of "The Sydneys."
983.5	North Sydney " 41.0	Sydney, North Sydney and Sydney
998 7	Sydney "8.0	Mines are included. To understand
		their location, one must know some-
	extends for four miles, and several miles further inland are on the north side of the the more protected waters of	then divides in two arms which reach d. Sydney Mines and North Sydney main harbour. Sydney is situated on the south arm. In the great harbour world could easily find anchorage, and part of it.

Sydney Mines, population 7,500. The recent growth of the coal mining o rations here is remarkable. In 1900 one colliery with an annua output of 240,000 tons was being worked, to-day five mines are producing 900,000 tons, and the Nova Scotia Stuel & Coal Company also operate a modern steel plant equipped with all the necessary coke ovens, coal washers and engineering shops, with a blast furnace and open hearth steel capacity of about 100,000 tons per year. An electric car line connects it with North Sydney.

North Sydney, population 5,500. A shipping port, only three miles from the output of the collieries and steel works, has extensive docks with the most modern facilities for coal shipping and ore receiving, the latter equipment being necessary for the handling of immense quantities of ore received from the Nova Scotia Steel & Coal Company's areas in Conception Bay, Newfoundland. This development has given new life here and also to the sister town of Sydney Mines, making them one of the most important industrial centres of the Maritime Provinces. The residential part of the town is well built, and there are some fine old homes along the water front. There is ferry service between here and Sydney. From North Sydney steamers of the Reid-Newfoundland Railway depart daily for Port aux Basques, the sea voyage across Cabot Strait only occupying six hours, connecting there with trains for St. John's, Newfoundland.

district that is making rapid strides along the highway of industrial development. Here are located the blast furnaces and immense plant of the Dominion Iron & Steel Co., the whole works forming practically a town of itself. It is also the head-quarters of its allied company. The Dominion Coal Company, operating 23 collieries at Glace Bay and New Waterford. The two make a big concern, owning collieries at Springhill, iron mines in Newfoundland, limestone quarries in Cape Breton, piers and pockets in all the important shipping ports on the Canadian Atlantic and St. Lawrence River, over 120 miles of railway and a line of steamships carrying millions of tons of coal and iron. The corporation also owns thousands of houses, runs its own general stores, has its own relief fund society and numerous up-to-date things that go to take care of a pay roll of sixteen thousand employees. Sydney has grown in a few years from a small town to a city of Dominion importance. For the visitor on pleasure bent, it has countless attractions. The summer climate is delightful, and although the summer is apt to be tardy it has a pleasant habit of lingering in the lap of autumn. The splendid harbour furnishes every opportunity for yachting, motor boating, canoeing, boating and fishing. Near the city are many trout streams and a multitude of desirable places for a day's outing. The hotel accommodation is excellent. The links of the Lingan Country Club have an established re-



The Steel Works-Sydney

TO THE MARITIME PROVINCES

Page 49

Mis. from Montrnal

putation in the golfing world. Bowling green and tennis courts are an added attraction. Steamers from Sydney and North Sydney running to Baddeck, Whycocomagh and other points on the Bras d'Or Lake make week-end excursions possible to those places. Steamers also go to St. Ann's Bay and Ingonish, Neils Harbour and Aspy Bay. These excursions are delightful in fine weather.

Mira Bay is reached via the Sydney & Louisbourg Railway, and is a delightful place for a day's outing. A steamer runs up the Mira River, a waterway of wonderful scenic beauty. On the way, the Railway passes several mining towns and villages, the largest and most important being Glace Bay (population 17,000), where there is a Marconi wireless station

Louisbourg is the terminus of this line, and the quaint old town is visited every summer by hundreds of tourists. There still remain the grass-grown ruins of its former greatness, but the city as the French built it has vanished from the face of the earth. A monument erected by the Society of Colonial Wars commemorates the first capture of Louisbourg by Pepperell's forces in 1745. Accurd the rock-bound shores the Atlantic surges sound the only requiem of the city made desolate. Some curious, old-time in ments of war have been found around the site of old Louisbourg. A Marconi wireless station is now established there.



The Ingonish River

建和 语数: **建**用几字 2000

WRITE FOR 1917 PUBLICATIONS

issued by the

Canadian Government Railways

ABEGWEIT (Prince Edward Island).

LA BAIE DE CHALEUR

BRAS D'OR LAKES

STORIED HALIFAX

OUT-OF-DOOR

in Quebec and the Maritime Provinces

OUT-OF-DOOR

in Northern Quebec, Northern Ontario, Eastern Manitoba

NOTES-BY-THE-WAY

(Lines Quebec and West)

SUMMER EXCURSION FARES

THE WENTWORTH VALLEY

THE MUSQUODOBOITS

F. P. Gutelius, General Manager.

H. H. Melanson, C. A. Hayes, Gen. Passenger Agent, Gen. Traffic Manager, Moncton, N.B.

W. P. Hinton, W. E. Duperow, Asst. Gen. Pass. Agent, Western Traffic Manager, Winnipeg, Man.

F. W. Robertson. District Pass. Agent.

I. E. LeBlanc, District Pass. Agent, Halifax, N.S. Montreal, Oue.

H. A. Laird,

W. J. Quinlan, District Pass. Agent, Winnipeg, Man.

Cochrane, Ont. W. T. Huggan, J. E. LePage, District Pass. Agent, District Pass. Agent. Charlottetown, P.E.I. Quebec, Que.

R. W. Chipman, New England Agent, 294 Washington St., Boston, Mass.

C. G. Orttenburger, 301 Clarke Street, cor. Jackson Blvd., Chicago, Ill.

District Pass. Agent.

G. E. Marsters, 1246 Broadway, between 31st and 32nd Sts., New York, N.Y. E. Tiffin. General Western Agent, Toronto, Ont.

TOURISTS TO OR THROUGH CANADA NO RESTRICTIONS OR PASSPORTS.

Tourists and travellers between the United States and Canada do not require passports. The interchange of traffic is governed by the same Immigration Laws of both countries which have been in force for many years past, and due provision has been made to facilitate the entry without restriction of tourist and business travel in or through Canada.